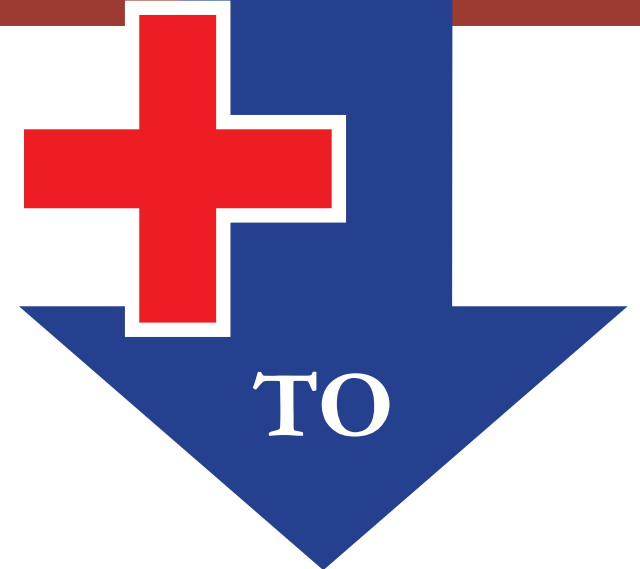


# HOSPITAL



## Discharge planning tips for a person living in a group home

- Know the proper agency contact person
- List of new medications and the perscriptions
- List of discontinued medications
- Contact number for home health
- Admission and discharge diagnoses
- Instructions on physician follow up and when appointment should occur
- Detailed instructions on new needs such as skin care, dietary needs, dysphagia, etc.



### Community Health Connections

The Bantam Commons  
120 Hollywood Drive, Suite 201  
Butler PA, 16001

724-283-0990  
[www.hcqu.org](http://www.hcqu.org)



# HOME

FOR ADULTS WITH INTELLECTUAL AND  
DEVELOPMENTAL DISABILITIES

## Differences between group homes and private homes:

Group homes, also referred to as CLAs (community living arrangements), within the Developmental Disabilities system in Pennsylvania provide residential services to adults with intellectual and developmental disabilities. Group homes are not nursing facilities. These adult group homes operate under Pennsylvania's 6400 regulations.

Those living in private homes are not accountable to the 6400 regulations.

Information specific to the 6400 regulations is important when planning a safe discharge for someone living in a group home.

## Who provides care to those living in a group home?

Direct Service Professionals (DSPs) provide care and assist with activities of daily living. DSPs are not medical professionals.

DSPs are required to pass Pennsylvania's Office of Developmental Programs (ODP) Medication Administration training. This training applies specifically to oral medications. Chapter 6400 regulations set restrictions on the DSP's ability to lawfully administer many non-oral medications. With additional training by hospital staff or visiting nurses, DSPs are permitted to administer certain non-oral medications. **However, there are medications that DSPs are never permitted to administer.**

## Direct Service Professionals may be trained to administer:

- Oxygen
  - No mitts or "restraints" are permitted as a means of preventing the patient from disturbing oxygen tubing
- Nebulizers
- Inhalers
- Nutrition and medication through a g-tube
- Suppositories
- Topical medications
- Enemas
- Epipens (requires training by a licensed healthcare professional)
- Glucometers
- Insulin
  - Must be trained by a certified diabetic educator
  - Annual training is required
  - Sliding scales are not permitted
  - "Drawing up" must be done by the person receiving the insulin or by a RN/LPN
- Blood pressure, pulse, and temperature

*It is important to present guidelines for the above procedures. This will provide direction concerning the need for possible medical intervention.*

## Direct Service Professionals are NEVER permitted to:

**Flush or administer any type of medications or fluids in intravenous lines, PICC lines, Hep-locks, or central lines.**

Administer injections other than an Epipen and pre drawn insulin.

## How can I learn more about the 6400 regulations?

By contacting:  
Cheryl McCall, *Nursing Administrator*  
(717) 783-8751

Roberta McIntyre, *Nursing Services Consultant*  
ODP Western Region  
(412) 880-0594

Jackie Alesczyk, *Nurse Consultant*  
Northeast Region  
(412) 880-0594

Ann Favarella, *Nurse Consultant*  
Southeast and Philadelphia Region  
(412) 880-0594

April Thomas, *Nurse Consultant*  
Central Region  
(412) 880-0594

Or visit : <http://www.pacode.com/secure/data/055/chapter6400/chap6400toc.html>